

PROGRESSIVE NATIONAL BAPTIST CONVENTION, INC.

**Health Ministry Individual Commitment Form**

Please type or print clearly. FORM MUST INCLUDE HOME ADDRESS

(Mr., Mrs., Ms., Minister, Rev., Dr.)

TITLE \_\_\_\_\_ FIRST NAME \_\_\_\_\_ MI \_\_\_\_\_ LAST NAME \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_ EMAIL \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_ HOME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

**Church Information**

CHURCH NAME \_\_\_\_\_

PASTOR'S NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

CHURCH PHONE \_\_\_\_\_ CHURCH FAX \_\_\_\_\_

<b>1. Personal Commitment (\$1.00 per week)</b>	<b>\$52.00</b>
<b>2. Registration for churches, district associations, state conventions (\$50.00 each)</b>	
Local Church _____	\$ _____
District Association _____	\$ _____
State Convention/Fellowship _____	\$ _____
<b>3. Additional Revenue:</b>	
Special Project _____	\$ _____
Health Fair Contribution _____	\$ _____

[Payment must accompany form] Method of Payment: \_\_\_ Check \_\_\_ Money Order

\_\_\_ Credit Card \_\_\_ AMEX \_\_\_ VISA \_\_\_ Mastercard \_\_\_ Discover

Credit Card# \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Print Name as it appears on card: \_\_\_\_\_

Signature of Cardholder: \_\_\_\_\_

**TOTAL REMITTED: \$ \_\_\_\_\_**

**Credit card payments may be phoned in to PNBC [202-396-0558] or faxed to PNBC [202-398-4998]**

2017---Domestic Violence  
Human Sex Trafficking  
Abuse of Illegal & Prescription Drugs in African American Family  
Grief & Community Issues

2018 The Erosion of the African American Family Part II:  
Focus on the Covenant Relationship with God and the absent Father  
Health Care/Insurance  
Alternative Health

I leave you with these helpful hints for healthier habits for long term health---

- Don't sit for long periods of time. Sitting and inactive life styles have been linked to heart disease, type 2 diabetes, breast and colon cancers, high blood pressure, weight gain, and premature death;
- 10 foods cancer experts say you should **limit** or **avoid**: (References: Natural Cancer Institute; American Institute for Cancer Research (AICR); World Health Organization; and US Environmental Protection Agency (EPA)); and
- Grilled meat-red meat; processed meats; alcohol; microwave popcorn; canned tomatoes; farmed salmon; doughnuts; French fries; non-organic produce.

Please stop by our Health Fair (Vendor Area) or our assigned room for Health Ministry to collect information or have blood pressure check.

**To the PNBC Pastors, continue to bring the truth of Christ so that your members will hear God's word and the Holy Spirit will stir them into activity and we will all be on one accord. Please register a member of your church in the Health Ministry.**

This is my prayer.

Yours in Christ,

*Wynetta Hutcherson*

Wynetta Hutcherson

# THE PROGRESSIVE NATIONAL BAPTIST CONVENTION, INC.

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1-800-876-7622  
202-398-4998 (FAX)

Email: [office@pnbc.org](mailto:office@pnbc.org)

**DR. JAMES C. PERKINS**  
PRESIDENT

**DR. TIMOTHY TEE BODDIE**  
GENERAL SECRETARY

EQUIPPING PASTORS  
AND CHURCHES  
TO BE EFFECTIVE IN MINISTRY;  
LIFTING OUR VOICE ON  
BEHALF OF THE VOICELESS

March 1, 2018

Dear PNBC Family and Friends:

It has been an honor to be in service using my God given skills for the past three years to bring to you new perspectives in health and wellness.

If you or your church family were not available before please join us this year in Philadelphia, Pa. Our programs have been developed for the entire Progressive National Baptist Convention with concerns on health and family influence. (Revelations to congregants and community.) (Workshops and Movies on the Silver Screen.)

Health on the Silver Screen Fair.

To gain knowledge and understanding:

- The Human body and the constant forces within and without that build and destroy health;
- Taking a more natural and wholistic approach to health and the natural world;
- Embracing the changes that come with aging and staying healthy; and
- Maintaining an amazing relationship with your body and diet.

The present PNBC model has not allowed movement between all ministries and departments. However, for the past three years the Health Ministry has made intentional efforts to do outreach and be more inclusive. We received a positive response from the missions and laymen ministry. (Progress)

In review of our previous programs:

2015---Health Disparities  
Aging with Grace  
Childhood Obesity

2016---The Meaning of Health Ministry

The Erosion of the African American Family (including ways that the church can come along side to offer support)

Health Disparities and Concerns in New Orleans, LA area

The Affordable Health Care Act - (including Affordable Care Act Open Enrollment Information)